

# SEX INVENTORY WORKSHEET

*"God please help me see the Truth about my conduct in relationships"*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

**Write a brief history of the relationship:**

My motives for getting involved were...

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My specific conduct in the relationship has been...

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The major points that came up in the relationship are...

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How it ended...? or how it is now...

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# SEX INVENTORY WORKSHEET

*"God please help me see the Truth about my conduct in relationships"*

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Look at each relationship and answer these nine questions (*ref p.69-71*)

**1)** Where had I been selfish? \_\_\_\_\_

\_\_\_\_\_

**2)** Where had I been dishonest? \_\_\_\_\_

\_\_\_\_\_

**3)** Where had I been inconsiderate? \_\_\_\_\_

\_\_\_\_\_

**4)** Whom did I hurt? (Look around the relationship) \_\_\_\_\_

\_\_\_\_\_

**5)** Did I arouse jealousy? \_\_\_\_\_

\_\_\_\_\_

**6)** Did I arouse suspicion? \_\_\_\_\_

\_\_\_\_\_

**7)** Did I arouse bitterness? \_\_\_\_\_

\_\_\_\_\_

**8)** Where was I at fault? \_\_\_\_\_

\_\_\_\_\_

**9)** What should I have done instead? (In the relationship. Don't write "not gotten involved in the first place.")  
Make sure you are especially explicit with Question #9 you will refer back to this for writing the Sex Ideal.

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**Harm:** Write any specific harm that comes to you while writing. \_\_\_\_\_

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