SEX INVENTORY WORKSHEET
“God please help me see the Truth about my conduct in relationships”

Name: ___________________________ Relationship: ___________________________

**Write a brief history of the relationship:**
My motives for getting involved were...

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

My specific conduct in the relationship has been...

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

The major points that came up in the relationship are...

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

How it ended...? or how it is now...

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

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SEX INVENTORY WORKSHEET

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Look at each relationship and answer these nine questions (ref p.69-¶1)

1) Where had I been selfish? ________________________________

2) Where had I been dishonest? ________________________________

3) Where had I been inconsiderate? ________________________________

4) Whom did I hurt? (Look around the relationship) ________________________________

5) Did I arouse jealousy? ________________________________

6) Did I arouse suspicion? ________________________________

7) Did I arouse bitterness? ________________________________

8) Where was I at fault? ________________________________

9) What should I have done instead? (In the relationship. Don’t write “not gotten involved in the first place.”) Make sure you are especially explicit with Question #9 you will refer back to this for writing the Sex Ideal. ________________________________

Harm: Write any specific harm that comes to you while writing. ________________________________

Section 7 - Step Four