

*Fifth Step Completion Form*

**5.2.1 – Fifth Step Completion Form**

Find a quiet place where you can be alone for an hour then fill out this form.

<p><b>Carefully think about the Steps you have taken. Briefly describe your thoughts and feelings.</b></p>	
<p><b>Write a thankful and grateful prayer for knowing God better.</b></p>	
<p><b>Review each of the first five steps and ask yourself if you have omitted anything.</b></p>	<p><input type="checkbox"/> 1. I admitted I am powerless over alcohol – that my life has become unmanageable.  <input type="checkbox"/> 2. I came to believe that God could restore me to sanity.  <input type="checkbox"/> 3. I made a decision to turn my will and my life over to the care of God.  <input type="checkbox"/> 4. I made a searching and fearless moral inventory of myself.  <input type="checkbox"/> 5. I admitted to God, to myself, and to another human being the <i>exact nature</i> of my wrongs.</p>
<p><b>Has your work been genuine?</b></p>	
<p><b>Have you done the work correctly?</b></p>	
<p><b>Will your work serve as a foundation for the other steps?</b></p>	
<p><b>Have you been <i>completely honest</i>?</b></p>	
<p><b>If you are satisfied with your answers then...</b></p>	<p style="text-align: center;"><b>Forgive Yourself !</b> and go to Step 6</p>

### MY SEVENTH STEP PRAYER

*My Seventh Step Prayer*

If you prefer, just use the prayer from the A.A. book, but still write it out in the space provided.

<input type="checkbox"/> <b>7.0.1 – Write your own Seventh Step Prayer.</b>		
<b>1. Address God as you understand God</b>		My Creator,
<b>2. Express your willingness to give all your good character to God</b>		I am now willing that you should have all of me good
<b>3. Express your willingness to give all your bad character to God</b>		and bad.
<b>4. Ask God to remove <i>all</i> of your character defects</b>		I pray that you now remove from me every single defect of character
<b>5. Ask God to help you be of service to God and others</b>		which stands in the way of my usefulness to you and my fellows.
<b>6. Ask God to give you Strength</b>		Grant me strength,
<b>7. Ask God to go with you and guide you</b>		as I go out from here, to do your bidding. Amen.