

# Big Book Awakening

## Step 5 Considerations

- 1) Do I see what's objectionable about this interaction (my behavior, selfishness, attitude, fear, etc.)?
- 2) Do I see that, on my own power, I couldn't have behaved any differently?
- 3) Do I see any behavior or resentment I'm still clinging to, that I'm not willing to let go of?

## Step 6 Considerations:

As I review each inventory in a contemplative way, I ask myself these questions:

- 1) Can I see what's objectionable about this interaction (my behavior, attitude, selfishness, etc.)?
- 2) Can I see that, on my own power, I couldn't have behaved any differently or done anything differently?
- 3) Is there anything I'm clinging to that I'm unwilling to let go of?
- 4) Am I willing to turn to God for help with all these things I find objectionable from now on?

NOTE: If clinging, pray for the willingness to let go.  
If still clinging, don't do Step 7 Prayer until you talk with your Sponsor.