STEP 6 WORKSHEET, “WERE ENTIRELY READY TO HAVE GOD REMOVE ALL THESE DEFECTS OF CHARACTER.”

Do you really want to be able to manage your character defects or do you want to continue to be managed by them?

MAKE A LIST OF CHARACTER DEFECTS THAT YOU ARE EXHIBITING IN YOUR LIFE TODAY. TAKE YOU TIME THIS IS AN ONGOING LIST

1_______________________________________
2_______________________________________
3_______________________________________

ADDRESS THE MOST SIGNIFICANT CHARACTER DEFECT WITH THE FOLLOWING QUESTIONS AND PROCESS EACH THROUGH STEP 6 AND STEP 7 BEFORE MOVING ONTO THE NEXT DEFECT.

IDENTIFY A CHARACTER DEFECT THAT YOU ARE EXHIBITING IN YOUR LIFE TODAY.
____________________________________________________________________________________

WHAT WAS THE LAST CIRCUMSTANCE THAT YOU ACTED OUT IN THAT CHARACTER DEFECT?
____________________________________________________________________________________

HAS ANYONE SHARED CONCERNS ABOUT THAT BEHAVIOR IN THE PAST? (FAMILY, FRIENDS, ETC.)
____________________________________________________________________________________

LOOKING AT THE PATTERN WHERE YOU ACT OUT IN THE BEHAVIOR, IS THERE ANY SITUATIONS, STRESS OR TRIGGERS THAT CAUSE THIS?
____________________________________________________________________________________
E. HOW LONG HAS THIS TRAIT BEEN A PART OF YOUR LIFE?
_____________________________________________________________________________________
_____________________________________________________________________________________

F. WHAT DOES DOING THE BEHAVIOR GIVE YOU?
_____________________________________________________________________________________
_____________________________________________________________________________________

G. WHAT IMPACT DOES THIS BEHAVIOR HAVE ON YOU NEGATIVELY?
_____________________________________________________________________________________
_____________________________________________________________________________________

H. WHAT IMPACT DOES THIS BEHAVIOR HAVE ON OTHERS AROUND YOU?
_____________________________________________________________________________________
_____________________________________________________________________________________

I. DOES THIS CHARACTER DEFECT AFFECT YOUR VALUES AND IN WHAT WAY? HOW DOES THIS MAKE YOU FEEL?
_____________________________________________________________________________________
_____________________________________________________________________________________
_____________________________________________________________________________________

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