



# Emotional Sobriety 12 Steps in One Day Workshop

Sunday, January 3, 2016 At 10:00 AM – 4:00 PM EST

On-line, through your computer and/or via the telephone

*Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. (89:1)*

We will be using this book: ***The Spiritual Solution: Simple & Effective Recovery Through the Taking & Teaching of The 12 Steps*** by John H. available at <http://www.amazon.com/The-Spiritual-Solution-Effective-Recovery/dp/0985340312/>

Upon completion of this workshop, each participant will have taken all 12 Steps as presented in the book Alcoholics Anonymous and understand how to take others through the 12 steps.

**In order to participate in this workshop, we recommend:**

**Attending with a prearranged sharing partner.** Sharing partners can be anyone familiar with taking the Steps in this fashion or another participant ***who is attending*** this workshop. Sharing partners must be of the same gender.

**One week of back-to-back abstinence.**

**Email/Internet Access:** This workshop is being presented on-line through your computer and/or via the telephone. Participants will be able to view material being read and discussed on their computer screen. Instructions and links will be sent via email invitation.

**WE HIGHLY RECOMMEND PURCHASING THE BOOK IN ADVANCE.** Workshop documents are posted at <http://johnh12steps.com/documents/> as well as on <http://emotionalsobrietyandfood.com> If you do ***NOT*** purchase the book, they ***MUST*** be printed *in advance*.

We request a \$10 donation to defray the expenses of the webinar. Please use Paypal or send a check payable to:  
**Devorah Silvert**, 98 East 100 South, Valparaiso, IN 46383

We are looking forward to participating with you in this Recovery Workshop!

With Blessings for Peace and Recovery,

***Devorah Yael & Shira G.***

How to Register to Reserve Your Seat

Please telephone:

- **Devorah:** (219) 628-0914 or **Shira:** (201) 320-6818

OR email us at: **emotionalsobriety2013@gmail.com**

If you do not reach one of us personally, please leave your name and phone number, along with preferred times for us to call you back.

**This Webinar is *Limited* to 20 Attendees!**