

a. Amends to –	Guiding Principles	
b. State why you are doing this.	<ol style="list-style-type: none"> 1. Be willing to make amends. 2. Avoid creating prejudice. 3. Don't be a spiritual fanatic. 4. Demonstrate good will. 5. Be considerate and sensitive. 6. Make amends to people you dislike. 	<ol style="list-style-type: none"> 31. No mistake is too large. 32. You can't predict the outcome. 33. Give the outcome to God. 34. Nothing is impossible. 35. You owe those who love you. 36. Always do something.
	<ol style="list-style-type: none"> 7. Be friendly and kind. 8. Have a forgiving attitude. 9. Confess your faults. 10. Say what you should have done. 11. Never criticize or argue. 12. Tell the truth about your problem. 13. Never give advice. 	<ol style="list-style-type: none"> 37. Do not involve others. 38. No outsider can judge. 39. Be loving and kind. 40. Pray for each other. 41. Anonymous amends. 42. Something can always be done. 43. You must stay sober.
c. State what you did wrong.	<ol style="list-style-type: none"> 14. Never discuss their faults. 15. Their reaction does not matter. 16. Pay back the money you owe. 17. Work with creditors. 18. Don't be afraid of debt. 19. Face your crimes. 20. Admit your cheating. 21. Meet your obligations. 	<ol style="list-style-type: none"> 44. Staying sober is not enough. 45. Amends take time. 46. You must take the lead. 47. Saying "Sorry" is not enough. 48. The past is forgiven. 49. You are responsible. 50. Pray each morning. 51. Live a spiritual life.
	<ol style="list-style-type: none"> 22. Plan each amends carefully. 23. Pray for strength and direction. 24. Be brave. 25. Never hurt other people. 26. Don't get discouraged. 27. Pay what you can now. 28. Ask permission. 29. Use the wisdom of others. 	<ol style="list-style-type: none"> 52. Don't try to convince others. 53. Do your best. 54. Write people you cannot see. 55. Don't delay. 56. Be sensible. 57. Be tactful and considerate. 58. Be humble. 59. Don't be submissive.
d. State what you should have done instead.	<ol style="list-style-type: none"> 30. Ask God to help. 	<ol style="list-style-type: none"> 60. Be confident.
	<p data-bbox="178 974 1131 1027">e. State your plans. Ask what you can do now.</p> <p data-bbox="178 1027 1131 1218"></p>	
	<p data-bbox="178 1218 1131 1271">f. Schedule the meeting.</p> <p data-bbox="178 1271 1131 1325">When – _____</p> <p data-bbox="178 1325 1131 1378">Where – _____</p> <p data-bbox="178 1378 1131 1432">Contact info – _____</p> <p data-bbox="178 1432 1131 1472">_____</p>	